

<b>Author</b>	<b>Year</b>	<b>Title</b>	<b>Medium</b>	<b>Category</b>
48 Hours	1990	High Anxiety	Video	Anxiety
Beck, Aaron	1984	Rational Thinking: An antidote to depression	Audio	Mood Disorders
Bolles, Richard N.	1985	How to Choose and Change Careers	Audio	Career
Brandon, Nathaniel	1984	Free Yourself From Guilt	Audio	Self-esteem/assert
Brown, Barbara	1978	Stress and the Art of Biofeedback	Audio	Stress
Bugental Video Project		Existential-Humanistic Psychotherapy in Action: A demonstration with James F. T. Bugental, Ph.D. (Tape 1)	Video	Theory
“ “ “		Existential-Humanistic Psychotherapy in Action: A demonstration with James F. T. Bugental, Ph.D. (Tape 2)	Video	Theory
Buscaglia, Leo		The Art of Being Fully Human	Audio	Misc.
Buscaglia, Leo		A Time to Live With Leo Buscaglia	Audio	Misc.
Buzon, Tony	1985	Learning and Memory	Audio	Academic
Campbell, Audrey		Campus Rape	Video	Sexual Assault
Carroll, Bill	1989	Test Taking Without Fear	Video and Booklet	Academic
Cialdini, Robert	1985	Feeling Good About Saying No	Audio	Assertiveness/SE
Clemson	1988	One Rape Is Too Many (stranger rape)	Video	Sexual Assault
Covey, Stephen	1989	The seven Habits of Highly Effective People	Audio	Misc.
Critical Issues	1988	Race Relations	Video	Special Pops
“ “	“	Substance Abuse	Video	Drugs/Mx
“ “	“	Male/Female Interactions	Video	Relationships
Dateline	1996	Mindgames	Video	Misc.
Davis, Martha		Assertiveness Training (60:02)	Audio	Assertiveness
Degenhardt, Katherine	1991	An Introduction to Degenhardt Family Learning System	Video	Family
Educational Video	Old	Building Self esteem	Video	Assertiveness/self-

				esteem
Educational Video	Old	Decision Making	Video	Misc.
Educational Video	Old	How to Study: Note Taking, Memory & Exams	Video	Academic
Educational Video	1985	That Teen Show: Teenage Suicide	Video	Trauma
Flach, Frederic	1985	Coping With Change	Audio	Anxiety
Friedman, Sonya	1987	Smart Cookies Don't Crumble	Video	Special Pops
Frontline	1995	Divided Memory	Video	Misc.
Geraldo	1992	Body Dysmorphic Disorder	Video	Body Image/ed
Glasser, William	1985	Positive Addiction	Audio	Theories
Goldfried, Marvin	1976	Self-modification of anxiety: client instruction	Audio	Anxiety
Griswold, Robert	1988	Anger Control	Audio	Anger
Griswold, Robert	1986	Coping With The Death of A Loved One	Audio	Grief
“ “	1984	How to Be Positive	Audio	Misc
“ “	1981	Improving Relationships	Audio	Relationships
“ “	1985	Motivation	Audio	Misc.
“ “	1981	Taking Charge of Your Life	Audio	Misc.
Guidance Associates	Old	Career Planning: Putting your skills to Work	Video (2 video set)	Career
HBO	1989	When He's Not a Stranger & Rape: Cries From The Heartland	Video	Sexual Assault
HBO	1989	When He's Not a Stranger	Video	Sexual Assault
HBO		Battered Women & Rape	Video	Sexual Assault
Jennings, Peter		Men, Sex, & Rape	Video	Sexual Assault
Johannes, Donna	1988	Dying to Be Thin (25:00)	Video	Body Image/ Eating Dis.
King, Larry	1990	Campus Crime	Video	Trauma
Leefeldt, Christine &	1985	How to Make and Maintain Friendships	Audio	Relationships

Callenbach, Ernest				
Levant, Ronald F.	1997	Men and Emotions: A Psychoeducational Approach	Video, Book, & Test	Special Pops
Lewinsohn, Peter	1975	Combating Depression: Practical Techniques	Audio	Mood Disorders
Linehan, Marsha		Opposite Action: Changing emotions you want to change	Video	Relationships
McKay, Matthew, & Fanning, Patrick		Fair Fighting (48:00)	Audio	Relationships
McNaught, Brian	1986	A Conversation with Brian McNaught On Being Gay (1:20:00)	Video	LGBT
Marberry Associates, Ltd.		Alcoholism: The Hidden Epidemic	Video	Mx/Drug issues
McGoldrick, Monica	1996	The Legacy of Unresolved Loss: A Family Systems Approach	Video and Book, & Test	Grief
Meichenbaum, Donald	1996	Mixed Anxiety and Depression: A Cognitive-Behavioral Approach	Video, Book, & Test	Mood Disorders
Mellott, Roger	1993	The Courage to See Clearly: Living more fully by living the truth	Video	Misc.
“ “	“	“””””””””””	Audio	Misc.
Miller & Rollnick	1998	Motivational Interviewing: Professional Training Videotape Series, A-F	Video tape	Ther. Dev't
“	“	A: Introduction to Motivational Interviewing	“	“
“	“	B: Phase I, Part 1:& 2 Opening Strategies	“	“
“	“	C: Handling Resistance	“	“
“	“	D: Feedback and Information Exchange	“	“
“	“	E: Motivational Interviewing in the Medical Setting	“	“
“	“	F: Phase II: Moving Toward the Action	“	“
Olney, Claude	1988	Where There's A Will There's an A	Video Set	Academic

Oprah		Multiple Personality Disorder & Child Abuse	Video	Trauma
Oprah	1996	Eating Disorders	Video	Eating Disorders
Pfizer	1999	Guide to a Healthy Mind For African Americans: A Circle of Hope (30:00)	Video & booklet	Special Pops
Pfizer	1995	Life After Trauma: What Every Person Should Know (52:00)	Video	Trauma
Pfizer	2001	Zoloft: Understanding Depression	Video & pamphlets	Mood Disorders
Piaget, Gerald, & Binkley, Barbara	1987	How to Deal With Difficult People	Audio	Relationships
Polsner, Erving (Psychotherapist Resources.com)		The Unmotivated Patient: A Gestalt Therapist's Approach.	Video	“
Preston, John	1992	Depression and Anxiety Management	Audio	Mood Disorders
PSSRP		What is this mess called stress? (38 min)	Video	Stress Management
Rape Treatment Center	1990	Campus Rape (21 minutes)	Video	Sexual Assault
Rappaport, Alan	1974	Relaxation Procedures	Audiocassette	Relaxation/Stress Red.
Self-instructional Reading Service, Inc		Techniques of Study: Lesson I-IV	Audio	Academic
“ “ “		“ “ Lesson V-Viii	Audio	Academic
“ “ “		“ : “ IX-XII	“	“
SIGI Plus	1992	Helping You Help People Find Their Way (20:00)	Video (2 copies)	Career
SmithKline Beecham	1994	Managing Depression with symptoms of Anxiety (20:00)	Video	Mood Disorders
SmithKline Beecham	1996	Understanding Depression (15:35)	Video	Mood Disorders
Sutphen, Dick	1976	Meditation – Mountain Rain	Audio	Relaxation
Sutphan, Dick	1987	Successful Exams Programming Hypnosis and/or Sleep Programming	Audio	Academic

Tavris, Carol	1993	Controlling Anger: How to Turn Anger Into Positive Action	Audio	Anger
Thomas, Marlo		Incest: The ultimate betrayal	Video	Trauma
White, Julie	1992	Self-Esteem for Women	Audio	Assert/Self-esteem
Willingway		Willingway	Video (3 copies)	MX/Drug issues
Yalom, I. (Psychotherapist Resources.com)		Understanding Group Psychotherapy: Volume III: An Interview.	Video	Theory
Zimbardo, Phillip	1978	Shyness: What is it? What to do about it.	Audio	Assertiveness
		Aftereffects: The Pain of Date Rape	Video	Sexual Assault
		Children of Divorce	Video	Family
	1990	Date Rape – The Ultimate Violation of Trust	Video	Sexual Assault
	1985	Eating Disorders General Public Session	Video	ED
	1985	Eating Disorders Questions and Answers	Video	ED
		The Eating of Myself – One Act Play on Bulimia	Video	Eating Disorders
		In Our Best Interest: Part 1 (36:44)	Video	Misc.
		In Our Best Interest: Part 2	Video	Misc.
		Inside Hunger	Video	Eating Disorder
		A Little Respect: Gay men, lesbian women, and bisexuals on campus (24:20)	Video	LGBT
		Mean Women	Video	Misc.
		Multiple Personality Disorder	Video	Misc.
	1985	Natural States (45:00)	Video	Relaxation
		One out of Four	Audio	Misc
	1992	Scared Silent	Video	?
		Schizophrenia: Three Case Studies	Video	Misc.
		Sex & the Clergy: Coming Out	Video	LGBT
		Spur Posse: Date Rape	Video	Sexual Assault

		Working Through Your Grief: Picking up the Pieces	Video	Grief